

COMMUNITY COMING TOGETHER (CCT)

June, 2013

This month's theme is *Summer Fun*



FUN IN THE SUMMER SUN!

By Patti Wagman, Project Coordinator

It seems impossible to believe that I am already writing the LAST newsletter of the school year! The time has gone so quickly but it has been a fantastic year for CCT! While we are winding down for our final month of school and planning many year-end activities, we are also looking ahead to many exciting events for next year. But first, we must all get through the summer! It seems in Canada we spend 8 months of the year waiting in eager anticipation for the few months of summer that we have, excited to enjoy the warmth and sun in a variety of ways. Although summer certainly is a time to enjoy ourselves, it can be difficult for young people to transition from the structure of the school year to the spontaneity that summer holidays brings.

To help parents in their quest to keep their children and teens occupied this summer, we have compiled a list of various activities that are available in our community this summer. This is by no means an exhaustive list but hopefully will help fend off a few of the "I'm bored!!" comments parents might hear!

FREE (OR NEARLY FREE) ACTIVITIES

CCT Summer Program: available for students attending St. Mary's, Notre Dame or McCoy High School. Programming is available for several hours, 3 days/wk and is free of charge. For more information, go to www.communitycomingtogether.weebly.com/upcoming-events or call any of the Project schools & ask to speak with a Team member.



Echo Dale Park: this city-run gem is a great place to spend a day during the summer. The Swim Park is open to the public from the first Monday in June to the last Sunday in August. Take a dip in the swim lake, play beach volleyball, visit the onsite farm, have a picnic....all for free! Canoe rentals are also available at the boat lake.

Spectrum. *A Sunshine Celebration.* May 31-June 2, Downtown. Lots of free fun activities and entertainment. Check it out at <http://nonprofit.memlane.com/spectrum/>

FREE Public Skating. Cool off at the Family Leisure Centre with skating paid for by the Kinsmen. Check the City website for details (www.medicinehat.ca) or call (403)502-8570.

FREE Family Swimming. Courtesy of the Kinsmen Club of Medicine Hat. Call any of the outdoor pools for the schedule of free swims or look on the City website. (www.medicinehat.ca)

Medicine Hat Public Library. Many programs for children and youth, most at no charge. For information, call (403)502-8525 or www.mhpl.info

“Summer afternoon—summer afternoon; to me those have always been the two most beautiful words in the English language.”

- Henry James



FREE Family Movie Matinee!

Please join us at The Monarch Theatre
on **Saturday, June 22 at 2:00 pm**
for a **FREE** showing of The Croods!

CCT would like to celebrate our successful school year by inviting all staff & students of the Medicine Hat Catholic School District to attend this **FREE** movie!

Tickets are available from your child's school as well as any CCT Team member.

Although this event is free, tickets are necessary for admission (so we know how many people to expect).

Tickets are limited so get yours now!

FREE (OR NEARLY FREE) ACTIVITIES, cont'd.

Canada Day celebrations in Kin Coulee. Another free family event, starting with the wonderful pancake breakfast in the morning and ending with the spectacular fireworks display at night. And in between, a variety of music and merriment all in the beautiful Kin Coulee Park.

www.canadadaymedicinehat.ca

FREE bowling: Register your children and throughout the summer they can receive 2 free games of bowling every day at Panorama Lanes. Call **(403)526-2008** or

www.kidsbowlfree.com/canada.php

Medicine Hat Youth Action Society : open Monday-Friday for the months of July and August 1:15-9:00 pm unless there is a special event. Various events and activities for youth aged 11-17. For more info, call (403)528-8068 or check out their website: www.mhyas.com.

The Esplanade Museum & Art Gallery. Check out the latest exhibit in the art gallery or learn a little history about our community in the museum. Free admission on Thursdays. www.esplanade.ca

Farmer's market: Saturdays from 9 AM to 1 PM, May 19 to October 6 at the Cypress Centre. Come check out the locally grown produce as well as crafts and unique items that are on sale.

Police Point Park Interpretive Program. Nature walks, geocaching, learn something from interpretive staff. Call **(403) 529-6225** or <http://natureline.info>

PAS Program: Free summer program for teens ages 12-18 offered by Alberta Health Services, focusing on building life and social skills. Mon.- Fri., July 8-Aug. 2. Call **(403)528-5611** or **(403)529-8903**.